



Beyer High School

Spirit Leader Program Handbook

2020-2021

Clinics:

Incoming Varsity and JV: 2:20 – 4:00 Monday April 6th, Tuesday the 7th and Wednesday the 8th
Incoming frosh: 3:30 – 5:30 Monday April 6th, Tuesday April 7th, Wednesday April 8th

Try outs:

Thursday April 9th

Doors open at 2:00

Varsity will be going first, roughly at 2:30

Results posted:

Tryout results will be shredded immediately after tryouts

Completed cheer packets due Wednesday, March 31st 2020 (March 18th is preferred).
Eligibility based on 3rd quarter grades (HS) and 2nd trimester (JrHi)

IMPORTANT DATES:

THURSDAY MARCH 18TH: MANDATORY PARENT MEETING 6:30PM IN THE LITTLE THEATER AT BEYER HIGH SCHOOL. A PARENT/GUARDIAN MUST ATTEND OR YOU WILL NOT BE ELIGIBLE TO TRYOUT FOR THE SQUAD. PARENTS/GUARDIANS MUST SIGN IN AT THE MEETING.

MONDAY APRIL 6TH – 9TH: CHEER CLINIC IN GYM 1 AT BEYER HIGH SCHOOL. IF ANY PART OF YOUR REQUIRED PAPERWORD IS INCOMPLETE OR MISSING, YOU WILL NOT BE ALLOWED TO TRYOUT.

THURSDAY APRIL 9TH: TRYOUTS IN GYM 1 AT BEYER HIGH SCHOOL. RESULTS WILL BE POSTED ON WINDOW AT THE FRONT ENTRANCE OF BEYER HIGH SCHOOL ON THURSDAY, APRIL 9TH, AFTER 6:30PM. ALL TRYOUT MATERIAL WILL BE SHEREDDED IMMEDIATELY AFTER THE SQUADS HAVE BEEN DETERMINED.

WEDNESDAY APRIL 15: IF YOUR CHILD IS CHOSEN AS A SQUAD MEMBER THERE WILL BE A MANDATORY PARENT MEETING FROM 6:30 – 7:30

COMMON QUESTIONS:

1. Can I try out for a squad above my grade level?

Answer: No, we ask that all those trying out for our program tryout for their own grade level.

2. Do I have to attend all days of the clinic?

Answer: No, although each participant receives participation points for each day they attend and participate.

3. Do we stunt?

Answer: No, as a Modesto City School rule, we do not stunt or tumble.

4. Who do I contact?

Answer: **Anna Cannizzaro (text preferred) 209-499-2774**

I agree to the following responsibilities if I am selected:

1. If selected, I will have a physical clearance and proper insurance coverage, dated after June 20, 2020, on file at Beyer High School for the 2020-2021 school year. Physical exams/clearances MUST be obtained after June 20, 2020.

If I have any medical conditions that would prevent me from participating in any type of physical activity, I MUST notify advisor, Anna Cannizzaro, prior to clinics/tryouts!

1. I understand the importance of my position and the privilege of being a cheerleader. It shall come first in case of conflict with a job, personal activities, or other functions. I also understand that I must maintain strong academic standing. I will not abuse my position through unauthorized absences or neglecting my studies. I understand that at any point in the season I may be pulled out of a performance/game due to unsatisfactory grades or unexcused absences and that my grades will be monitored throughout the season.
2. I am aware that I must follow the rules and guidelines established by the coach, Beyer High School and the advisor. I will also be expected to sign and agree to the Beyer High School Spirit leading Rules/Service Agreement. I understand that there will be consequences administered if I fail to follow these rules during the duration of my position as a spirit leader.
3. I am aware that spirit leading involves a large amount of time and commitment on my behalf. I will be required to attend:
 - Summer practices
 - After school practices
 - Games, rallies and other social events
 - Playoff games
 - Games after school on various days
 - Fundraisers
 - Community service events
4. I understand that it takes a positive attitude to be successful in spirit leading. I also understand that it is a privilege to be a spirit leader and that I am a Beyer High School representative and role model at all times. I will stay focused, work hard and take constructive criticism. I will demonstrate that I am a team player and display school spirit enthusiastically! I will work cooperatively with my coaches and team members. I will also put the squad's needs before my own!
5. **ELIGIBILITY:**
 - A. Students who participate in the cheerleading program must comply with ALL District eligibility requirements, including:
 - Minimum of 2.0 grade point average
 - No more than one (1) F
 - No outstanding debts
 - B. Students must meet all eligibility requirements prior to the cheerleading clinic and tryouts. **All spirit leaders are required to bring a completed grade check to clinics.** Eligibility is based on the 3rd quarter report card. Incoming frosh please bring your most recent report card.
 - C. If students do not maintain their eligibility after the 3rd quarter of the tryout year, students will be removed from the squad.

- D. Cheerleaders must also adhere to all requirements of the Modesto City Schools Student Code of Conduct. Failure to do so may result in suspension and/or removal from the team for a portion of the remainder of the cheerleading season.

PLEASE MAKE SURE THAT THE FOLLOWING ITEMS ARE TURNED IN BY MARCH 18TH, 2020

***TEACHER RECOMMENDATIONS: ALLOWABLE UNTIL MARCH 31ST**

_____ TRYOUT APPLICATION & RULES _____ TEACHER REC'S* _____ RECENT REPORT CARD

FOR CURRENT BEYER HIGH SCHOOL STUDENTS, YOUR TEACHERS WILL SUBMIT THE RECOMMENDATIONS TO THE CHEERS' MAILBOX.

FOR CURRENT MCS JUNIOR HIGH STUDENTS, PLEASE HAVE YOUR SCHOOL SEND THEM TO BEYER HIGH SCHOOL VIA INTRA-DISTRICT MAIL ATTN: ANNA CANNIZZARO, CHEER ADVISOR.

OTHERWISE, PLEASE DELIVER THEM TO BEYER HIGH SCHOOL.

IT IS YOUR RESPONSIBILITY TO ENSURE THAT YOUR TEACHERS HAVE SUBMITTED RECOMMENDATIONS.
YOUR SCORE WILL BE DETERMINED BY TEACHER RECOMMENDATIONS AND TRYOUT SCORES.

2020-2021 Cheer & Mascot Clinic/Try outs Meeting

Advisor – Anna Cannizzaro 209-499-2774 (text preferred), annacannizzaro1@gmail.com

3 days of clinic, in the gym Varsity and JV @ 2:20 – 4:00, Freshman @ 3:30 – 5:30

Each athlete will receive points for attendance as well as attitude, sportsmanship, conduct, appearance (hair up and appropriate clothing), flexibility and teacher recommendations.

Athletes will be taught: 1 dance routine, 1 cheer, jumps, turns and kickline sequence

TRY OUT – Thursday April 9th, doors open at 2:10. Varsity starting at 2:30, followed by JV, and then freshman.

There will be 3 independent judges, judges will have score sheets to score athletes in the following categories:

Entrance – Spirit, Voice, Facial Expression, Overall Entrance, Eye Contact

Toe Touch – Height, Clean

Cheer – Motion, Sharpness, Voice Projection, Facial Expression, Knowledge of Cheer

Dance – Sharpness, Start/End on correct time, Facial Expression, Knowledge of Dance, Technique/Rhythm, Overall effect

Specialties – Examples: Kick and Hold, Turns, Hitch Kick

Appearance – Hair, Appropriate Clothing

Hair must be in a HIGH ponytail (no hair in your face, even if you think it's cute), NO artificial colors (such as pink, purple, blue, green, Kool-Aid red, etc.), out of eyes and look neat.

Artificial nails are OK, if short (not past fingertip).

Proper attire: NO BEYER CHEER shirts, ONLY athletic shoes (NO Keds, Chucks, Vans, Crocs, etc.), NO spaghetti strap tank tops, halter, bare midriffs, shorts must be appropriate length and not rolled at waist. WEAR: Red, white, blue or gray to all days of the clinic and tryout day.

NO jewelry except stud earrings; NO PHONES; NO gum, soda or candy

JUST REMEMBER....SMILE....RELAX....BREATHE....BE CONFIDENT....You got this!!!!

BEYER SPIRIT LEADING TRY OUTS PERMISSION SLIP/RELEASE FORM

_____ has my permission to participate in the clinic and tryouts, held on April 6th – 9th, 2020, at Beyer High School. While I expect school authorities to exercise reasonable precaution to avoid injury, I understand that the school assumes no financial obligation for any injury that may occur.

I, _____, do hereby release Beyer High School, coaches, staff, volunteers and administrators, from responsibility in case of illness, or injury of my child, _____, while performing his/her cheerleading duties at the clinic/tryouts on April 6th – 9th, 2020.

I also give my permission for treatment of illness and injury that may be sustained while performing said duties.

Student's full name: _____

Student Signature: _____

Parent Signature _____ Phone _____

Work Phone _____ Physician _____ Phone _____

(This form is due Wednesday, March 18th, 2020)

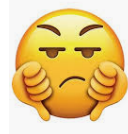
Things to Consider before Trying Out for Cheerleading

WE WANT YOU TO TRY OUT FOR CHEERLEADING IF:



- You will support and represent Beyer High in a positive manner on and off the field/court.
- You will give 100% while cheering, win, lose or draw
- You will demonstrate Patriot Pride and spirit
- You are willing to work hard mentally and physically at every practice
- You are able to work well with others and can put differences aside
- You are able to be on time and have perfect attendance at practices and games
- You are able to take constructive criticism from advisors, coaches and squad members and implement those critiques
- You are able to be respectful of advisors, admin, coaches and your fellow teammates
- You are willing to make sacrifices in regards to your personal time
- You are open to trying new things/ideas...being flexible
- You think of Cheer as a sport and will give 100% just like any athlete

WE DON'T WANT YOU TO TRY OUT FOR CHEER IF:



- You feel like showing school spirit is beneath you
- You think it's no big deal to show up late or miss games or practices
- You feel like your opinion should always count and you need to express your opinion all the time
- You feel like the most important person on the squad
- You have a bad attitude
- You are too involved with outside activities to make it to practices or games
- You are bossy, closed minded, make excuses, act rudely or refuse to work with your teammates
- You speak to advisors, coaches, admin and other squad members in a disrespectful tone and talk back
- You don't have time to read the cheer packet and handouts thoroughly and follow the required guidelines
- You feel the need to gossip or be negative
- You feel you can do as you please
- Only want to try out for cheer to wear a cute uniform to school for attention
- Refuse to fundraise because you feel someone else will work for you and pay for your uniform

Please think over these statements seriously. If you don't feel you can get along with EVERYONE, or are not willing to make the time commitment for fundraisers and practices, then don't try out! We are looking for students who are dedicated, committed, can follow instructions, cooperate and work hard as a team. Cheerleaders represent the school and recognize they are viewed as representatives and positive role models for the school.

Student's First and Last Name: _____

Spirit Squad Applying for: _____

Teacher's Name: _____ Class: _____

TEACHER RECOMMENDATION FORM

Dear Teachers:

These confidential recommendations are an important portion of the student's score for spirit leading try outs at Beyer High School. Please fill out the recommendation as clearly and accurately as possible. Thank you for your time and your part in the selection of the 2020-2021 Beyer High School Spirit Leaders! These forms are due no later than Tuesday, March 31st, by 2:30pm. Please place forms in the Cheer mailbox. Please do not have students turn them in.

Current letter grade: _____ Current citizenship grade: _____

of tardies: _____ # of unexcused absences: _____ # of excused absences: _____

PLEASE CIRCLE THE NUMBER THAT BEST DESCRIBES THE STUDENT IN THE FOLLOWING AREAS:

(Feel free to provide additional comments on the back of this form.)

1=POOR 2=NEEDS IMPROVEMENT 3= AVERAGE PERFORMANCE
4= ABOVE AVERAGE PERFORMANCE 5=OUTSTANDING PERFORMANCE

1. RESPECT TOWARDS AUTHORITY/PEERS – attitude toward following school and classroom rules and regulations. Also includes **respecting** teachers, other authority figures and their peers.

1 2 3 4 5

2. TIME MANAGEMENT – the ability to manage time during class and when completing assignments

1 2 3 4 5

3. RESPONSIBILITY/COMMITMENT – the level of responsibility/commitment when completing assignments, tasks, etc.

1 2 3 4 5

4. COOPERATION WITH PEERS – the ability to cooperate with, compromise with and get along with classmates and other students

1 2 3 4 5

5. INDEPENDENT THINKER – has the ability to stand up for what is right and does not follow the crowd.

1 2 3 4 5

6. ATTITUDE – would this student represent Beyer in a positive way, from what is demonstrated in your classroom

1 2 3 4 5

7. ADDITIONAL COMMENTS ARE ENCOURAGED PLEASE – please use the back of this form, if needed

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